

**Supplementary Table 7.** Extent of Steroid Exposure in All Cohorts

Characteristic	Cohort 1 (Year 0)			Cohort 2 (Year 1)		
	CD (n = 660)	UC (n = 1,025)	Total (n = 1,685)	CD (n = 705)	UC (n = 944)	Total (n = 1,649)
Participants using steroids	45 (6.8)	110 (10.7)	155 (9.2)	59 (8.4)	101 (10.7)	160 (9.7)
No. of steroid courses	1.1 ± 0.3	1.3 ± 0.5	1.2 ± 0.5	1.1 ± 0.2	1.1 ± 0.4	1.1 ± 0.3
No. of exposures						
1	41 (91.1)	82 (74.6)	123 (79.4)	56 (94.9)	89 (88.1)	145 (90.6)
2	4 (8.9)	26 (23.6)	30 (19.4)	3 (5.1)	11 (10.9)	14 (8.8)
3	0	2 (1.82)	2 (1.3)	0	1 (1.0)	1 (0.6)
Duration of exposure (mo) <sup>a</sup>	2.1 ± 2.4	2.5 ± 2.4	2.4 ± 2.4	2.6 ± 3.0	2.5 ± 2.6	2.5 ± 2.7
Total amount of converted steroid doses for all patients (mg)	66.6 ± 310.5	127.8 ± 497.1	103.9 ± 434.6	88.2 ± 465.1	148.5 ± 705.3	122.8 ± 614.8
Total amount of converted steroid doses for all patients with ≥ 1 steroid (mg)	977.1 ± 731.0	1,191.0 ± 1,021.4	1,128.9 ± 949.0	1,054.3 ± 1,260.6	1,388.4 ± 1,718.3	1,265.2 ± 1,569.3

Values are presented as number (%) or mean ± standard deviation.

<sup>a</sup>Exposure of steroid use is the total sum of the exposure of individual steroid use whose duration is calculated as follows: exposure of individual steroid use (mo) = (end date of the steroid use - start date of the steroid use + 1)/30.42.