

**Supplementary Table 1.** Patient Characteristics

Characteristic	All (n=497)	Ulcerative colitis (n=327)	Crohn's disease (n=170)
Male sex	273 (54.9)	168 (51.4)	105 (61.8)
Age (yr)	38 (27–48)	37 (26–50)	39 (30–47)
Current smoking	94 (18.9)	56 (17.2)	38 (22.4)
Body mass index (kg/m <sup>2</sup> )	20.3 (18.3–22.4)	20.3 (18.3–22.4)	19.3 (17.8–21.3)
Disease and extension <sup>a</sup>			
E1/E2/E3		3/30/294	
L1/L2/L3			35/21/114
Disease duration (yr)	7.0 (2.0–18.0)	5.0 (1.0–15.0)	14.0 (5.0–23.0)
Past history of thrombosis	8 (1.6)	6 (1.8)	2 (1.2)
Past history of bowel resection	143 (28.8)	57 (17.4)	86 (50.6)

Values are presented as number (%) or median (interquartile range).

<sup>a</sup>Disease extension was categorized according to the Montreal classification.