

**Supplementary Table 1.** Crohn's Disease Activity Index

Clinical or laboratory variable	Weighting factor
Number of liquid or soft stools each day for 7 days	× 2
Abdominal pain (grade from 0 to 3 based on severity) each day for 7 days	× 5
General well-being, subjectively assessed from 0 (well) to 4 (terrible) each day for 7 days	× 7
Complications <sup>a</sup>	× 20
Use of diphenoxylate or opiates for diarrhea	× 30
An abdominal mass (0 for none; 2 for questionable; 5 for definite)	× 10
Absolute deviation of hematocrit from 47% in men and 42% in women	× 6
Percentage deviation from standard weight	× 1

<sup>a</sup>One point is added for each set of complications: arthralgia or frank arthritis; inflammation of the iris or uveitis; erythema nodosum, pyoderma gangrenosum, or aphthous ulcers; anal fissures, or abscesses; other fistulas, and fever (> 38°C) during the previous week.